

# APRIL 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2 WORLD AUTISM AWARENESS DAY	3	4	5	6
7 WORLD HEALTH DAY	8 LiveWell EAT RIGHT FOR LIFE Program - Session #6, 3:00 p.m.	9 WELLNESS WEDNESDAY - Livewell Program & VP Platform Demo Webinar - 12 Noon	10	11	12	13 RenRe 5 mile/10 mile Run/Walk - 8:30 a.m.  Bermuda National Trust Palm Sunday Walk, 1:00 p.m.
14	15	16	17	18 Good Friday (Holiday)	19	20 Easter Sunday
21	22	23 WELLNESS WEDNESDAY - Everything You Wanted to Know About Asthma and COPD - 12 Noon	24 WELLNESS PARTNER SPOTLIGHT Webinar - Open Airways, 12 Noon	25	26	27
28	29	30				
		<b>NOTES:</b>  <b>Alcohol Awareness Month; Autism Awareness Month; Child Sexual Abuse Prevention Month</b>				