

# MELANOMA/SKIN CANCER AT A GLANCE



**BLISTERING  
SUNBURN**  
AT A YOUNG AGE  
**DOUBLE YOUR**  
CHANCES OF DEVELOPING  
**MELANOMA**

*Skin Cancer Foundation*

INCIDENCE OF MELANOMA  
**IN BERMUDA IS HIGHER**  
**THAN WORLDWIDE**  
INCIDENCE RATES

*Dr. Chris Fosker, Bermuda Cancer and Health Centre*

**95%**

OF MELANOMAS  
ATTRIBUTED TO  
**UV RAYS**

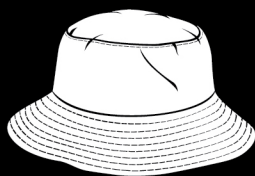
*American Academy of Dermatology*

## PREVENT SKIN CANCER WITH THE 5 S's



**SLIP**

on Protective  
Clothing



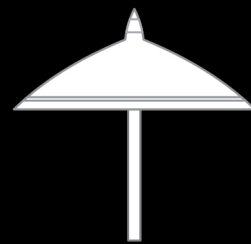
**SLAP**

on a Broad  
Brimmed  
Hat



**SLOP**

on  
SPF 30  
Sunscreen



**SEEK**

Shade...  
Anywhere!



**SLIDE**

on  
Wrap-Around  
Sunglasses