

Top 8 Grab n' Go Veggies for all Day Snackin'



Baby Carrots- sweet, crunchy, and full of Vitamin A.



Celery- Yummy on its own, but also ideal for scooping and dipping due to its shape.



Sugar Snap Peas- Just as the name suggests... sweet with a satisfying CRUNCH!



Cucumbers- Super low-cal snack that's hydrating as well!



Bell Peppers- Subtly sweet, hydrating, and jam-packed with vitamin C!



Broccoli- One of the more fibrous veggies, it helps you feel full and satisfied.



Cauliflower- cauliflower can be turned into anything these days, so get creative!



Grape or Cherry Tomatoes- juicy pops of sunshine that are nature's candy at its best!

Super Snack Tip!

One way to make veggies more delicious is to pair them with various healthy toppings, dips, and spreads!



- Hummus
- Guacamole
- Tzatziki
- Salsa
- Sriracha
- Nut Butters

Want to get even more creative in the kitchen? Click here to try ['20 Veggie Snacks for Feel-Good Munching'](#)

